



# Principal's Post



Getting the School Year Off To a Good Start

- ▶ Set a firm, reasonable bed time. Kids need plenty of rest, especially as they readjust to the school-year schedule.
- ▶ Take time for a healthful breakfast each day. Children who eat well before school have the energy to take full advantage of important morning instruction.
- ▶ Find a place for everything, and put everything in its place. The beginning of the year is the time to set routines that will avoid lost backpacks and materials.

©Copyright EducationWorld.com

$$\begin{array}{r} 8 + 5 \\ - 123 \\ \hline x \end{array}$$



## Math @Home

### Guess If You Can

Let your child think of a number between a stated range while you try to guess the number. Ask questions such as *Is it more than 50?*, *Is it an even number?*, *Is it more than 20 but less than 40?*, or *Can you reach it by counting by 3's?* After you guess the number, give the child a chance to ask questions for your secret number.

© Copyright EducationWorld.com

*Capturing Kids' Heart Philosophy*  
*"If you have a child's heart... you have a child's mind."*

~ Flip Flippen

## Vanda Notes

Welcome back to school! Here are a few things we have happening this month:

Upcoming Events are listed on the calendar below:

Curriculum Night is a night for parents only to meet with teachers about procedures in the class and to answer any questions about the school year. We will have 2 sessions to accommodate parents with multiple children in different grade levels: 5:00-5:45 and 5:45-6:30.

Please do not hesitate to contact me with any questions or concerns: [scovington@aledoisd.org](mailto:scovington@aledoisd.org) or 817-441-8771. I am looking forward to a fantastic school year! ☺

Stephanie Covington ~ Principal

Monday	Tuesday	Wednesday	Thursday	Friday
28 First Day of School!	29	30	31	1
4 Labor Day No School	5	6	7 Curriculum Night	8 Watch DOGS (Donuts for Dads) 8:00-8:30
11	12	13	14	15
18 *** Grandparents Breakfast 7:45-8:30 (A-K)	19 BOOK Grandparents Breakfast 7:45-8:30 (L-Z)	20 FAIR Glamourcraft Pics and Kids Beach Club	21 WEEK	22 ***
25	26	27 Kids Beach Club	28	29

